

## Accompanying Persons Program

### 14 Oct – One-day city tour of Chongqing

**7:00-7:30.** Breakfast

**8:40-10:30.** The tour will first visit the Chongqing Zoo. The zoo is a big comprehensive zoo located in undulating hills and beautifully landscaped. There are over 200 different species of wild animals and it is also a conservation and breeding base for giant pandas, lesser red pandas, southern Chinese tigers, and other endangered animals. There are newly built enclosures for antelopes, elephants, giraffes, orangutans, and birds. The area also has miniature gardens, and teahouses so you sit and relax. In addition, it has a children's amusement park with a skating rink, open-air stage, reading rooms, and restaurants.

**10:30-12:00.** Next the tour goes to Ciqikou, the old town. Ciqikou lies on the southern bank of the Jialing River in the Shapingba district. Since the Ming and Qing dynasties, Ciqikou has been noted for its traditional houses and streets. Here you can enjoy wandering down old laneways amongst traditional buildings of the Ming and Qing style. There are numerous small shops to buy souvenirs to home, as well as lots of places to try local foods and snacks.

**12:00-12:30.** A quick and refreshing lunch of Chinese or western style

**13:40-14:40.** After lunch we head back into the city to visit the Three Gorges' Museum. This is a class A museum at the national level that was jointly built by central and local governments. It is a demonstration base for national patriotic education, education for teenagers, as well as science popularization. It boasts a collection of 170,000 historical relics, including those unearthed in the Three Gorges area prior and during the dam construction, and has been a landmark in Chongqing since the beginning of the 21<sup>st</sup> century and a pearl in the heart of a mountainous city.

**14:40-16:00.** Next we go to visit the Hongyadong ancient building complex built on the sheer cliffs of Chongqing but still in the heart of the city. There are numerous shops for those with a passion for shopping and stunning views of the river who don't shop.

**16:00-17:30.** Then we visit a local art gallery and silk exhibition museum.

**18:00 pm.** To round off the day we go to a local restaurant for dinner to sample the famous traditional 'hot pot' of Chongqing.

## **15 Oct – One-day tour to Fairy Mountain in Wulong and Wulong Karst National Geology Park**

**7:00-7:30.** Breakfast

**7:30-10:00.** The bus tour takes us to Fairy Mountain (about 2.5 hours)

**10:00-12:00.** We visit the Fairy Mountain, a national geological park, as well as a state-level forest park. Fairy Maiden Mountain is 2,033m above sea level, possessing a large forested area, as well as a natural prairie. A rare example of dense forest snowfields in southern China, and a beautiful landscape of green forests and vast pastures, it has the reputation of being the no.1 pasture in southern China, as well as the “Orient’s Switzerland”.

**12:00-13:30.** Lunch

**13:30-16:00.** After lunch we go to part of the greater South China Karst, Wulong Karst National Geology Park (2.5hours), a UNESCO World Heritage Site. The park boasts a collection of natural features sure to please anyone who enjoys the outdoors. We will visit the most popular sites within the heart of Wulong Karst area the Three Natural Bridges, Longshui Gorge and Furong Dong. This was the location for the movie “(The Curse of the Golden Flower” a 2006 Chinese epic drama film directed by Zhang Yimou). You can walk, take a shuttle bus (40 RMB), or a battery operated car (15 RMB) to enjoy the park.

**16:00-18:30.** Back to Chongqing

**19:00.** Banquet with ISCEV delegates if the traffic is smooth as planed

## **16 Oct – One-day tour to the Baoding Grottoes in Dazu**

Breakfast

**10:00-12:30.** Bus tour to Dazu, located about 60 km west of the urban area of Chongqing. Together with ISCEV delegates

**12:30-13:00.** Lunch

**13:00-14:30.** The tour visits the stone carvings in the Baoding Grottoes. The Dazu Rock Carvings are a series of Chinese religious sculptures and carvings, dating back as far as the 7th century AD, depicting and influenced by Buddhist, Confucian and Taoist beliefs. Listed as a World Heritage Site, the Dazu Rock Carvings are made up of 75 protected sites containing some 50,000 statues, with over 100,000 Chinese characters forming inscriptions and epigraphs. Enjoy the large scale grottoes made in the latter period of the Tang dynasty, the construction of the cliff carvings started in Southern Song Dynasty, and the Buddhist images caved on the U-shaped cliffs. Among them, the most famous ones are the Buddhist wheel of karma, three saints of the Huayan School, the goddess of mercy with 1007 eyes and hands.

**15:00-17:30.** After marveling at the Dazu Rock Carvings we take the half an hour drive to Longshui Lake. Long Shui Lake is four times bigger than the famous West Lake in Hangzhou. It contains 108 islands, numerous birds, flowers and trees. **ISCEV Olympic** will be held there.

**17:30-18:30.** Dinner at a local restaurant.

**19:00.** Back to Chongqing

### **Note::**

1. Travel Service includes air conditioned bus, guide service in English, admission ticket for the first entrance in scenic spots, shuttle bus and battery car
2. Drinks were not included in the meal

## **17 Oct – Free time in Jiefangbei walking mall or Hongyadong**

**Option 1:** Jiefangbei means Peoples' Liberation Monument, and symbolizes peace and liberation. Jiefangbei is at the junction of Mingquan Road, Mingzhu Road and Zhourong Road in the heart of the old city. Now it is a major shopping center with bookstores, restaurants, bars, cinemas, hotels, a snack street, pedestrian areas, and has the biggest shopping mall in western China.

**Option2:** Hongyadong lies at the confluence of Yangtse River and Jialing River. It features an old style building complex built on the sheer cliffs and supported by timbers near the heart of the city. You may also wish to try the famous Chonging 'hot pot' or stroll through the food-street and sample the various local foods and snacks. You can enjoy the traditional culture and buy local products or spend time sampling the many varieties of Chinese tea.